SPECIFICATION AMENDMENTS

Please amend the specification (strikethrough or [[double-brackets]] indicating deletion and underline indicating insertion) as follows:

[0057] The trigger mechanism preferably comprises a trigger spring 164 and a release button 160. The release button 160 preferably includes a catch release member such as an-inclined-a_cam face 162 for engagement against a cooperating inclined face 163 or other catch release member of the cocking arm 148, as shown in FIG. 16.